



# Morning therapeutic walk in the forest

Take a refreshing walk early in the morning at Izumi Park Town Golf Club, which takes only ten minutes on foot from the hotel. Why don't you take a walk out on the green fairway and feel the morning dew on the grass? It is a perfect way to refresh your body and mind to start your day.



**Date** April 1,2019 ~ September 30,2019

**Place** Izumi Park Town Golf Club  
Ten minutes from the hotel by walk.

**Fee** ¥1,500 per person  
¥500 for hotel guests  
Please make a reservation until 6PM  
on the day before your visit at the latest.

**Time** 6:00a.m. | Meet your guides at the Hotel entrance.  
6:10a.m. | Hotel → Izumi Park Town Golf Club → Hotel  
7:15a.m. | Back to the Hotel

[Note]\*Please bring your own shoes, towel, and drink. (Please refrain from wearing heels or sandals.)\*Please wear comfortable clothes suitable for walking. If you want to use our rental wear, please contact the front desk. (The number of rental wear is limited.) \*You can not enter the teeing ground nor the green.\*Please refrain from using any auxiliary equipment used for pole walking and Nordic walking.\*This activity may take 10 to 15 minutes longer depending on the number of participants. \*We kindly ask guests with heart diseases or cerebrovascular diseases to refrain from participating. We are sorry for the inconvenience.

Reservation/Inquiry

Sendai Royal Park Hotel e-mail: [internet-reservation@srph.co.jp](mailto:internet-reservation@srph.co.jp) Phone: +81-22-377-2111  
For guests ▶ Please call our front desk (number: 70)